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CHANINTR LIVING

Summer 2024

Summer or simmer?

It seems as though the temperature has risen on almost everything these days. Beyond this year's record-breaking average temperatures, we're witnessing an escalation in conflicts across the globe. From age-old territorial disputes to intense geopolitical tensions and polarized domestic politics, the world feels like a simmering cauldron, occasionally bubbling over into outright strife. Add the pervasive influence of social media and the rapid advancements in AI, and it's clear we're navigating in uncharted territory.

Predicting what lies ahead in such volatile times is challenging, to say the least. In these moments of uncertainty, it might be wise to refocus on the fundamental truths that remain constant, things that are the foundation of Blue Zones as featured in this issue. Prioritizing your physical and mental well-being, nurturing your passions, and fostering meaningful connections with friends and family are all investments that will withstand the test of time and probably add a few years to your life. For those fortunate enough to have found a purpose aligned with their work, we raise a glass to you.

Wishing all our readers a summer of calm and a return to the simple, natural and peaceful.



Chanintr Sirisant

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DESIGN BY CASESTUDY CASESTUDYOFFICE.COM

COVER OLGA LAYING BY POOL NO. 2 MIAMI, FLORIDA, 2007 BY RODNEY SMITH

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SAINT-LOUIS: A CRYSTAL LEGACY HONORED BY UNESCO

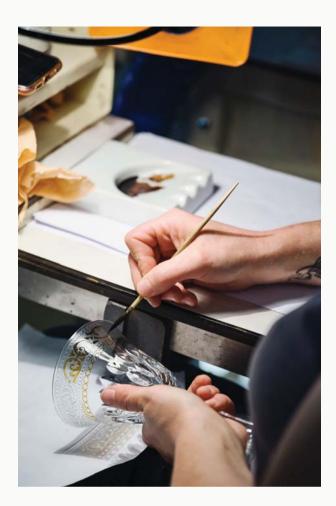
SAINT-LOUIS.COM

Saint-Louis, the oldest crystal manufacturer in Europe, has long been a beacon of luxury and craftsmanship. Founded in the 16th century and granted its prestigious name by King Louis XV in 1767, Saint-Louis is renowned for its stunning chandeliers, lighting and elegant tableware that seamlessly blend traditional and modern styles. The brand's dedication to quality, clarity and exquisite detail has made it a leader in the world of crystal and glassmaking.

On December 6, 2023, a significant milestone was achieved for the glassmaking profession as the Intergovernmental Committee for the Safeguarding of the Intangible Cultural Heritage inscribed glassmaking techniques on UNESCO's Representative List of the Intangible Cultural Heritage of Humanity. This recognition, while honoring the entire glassmaking community, is especially meaningful to Saint-Louis, a brand that has been at the forefront of preserving and advancing these artisanal traditions for centuries. For Saint-Louis and its artisans, this honor is a testament to their unwavering dedication to the craft.

This significant achievement is the culmination of efforts led by the French Ministry of Culture and supported by several other nations, including the Czech Republic, Finland, Germany, Hungary and Spain. The inscription highlights the collective effort involved in producing crystal objects, a process that can involve up to 20 skilled crafts. From creating the material to hot glass forming techniques like glassblowing, and finishing with intricate cutting and cold-working decoration, glassmaking is a miracle of dexterity and craftsmanship.





The brand has been at the forefront of promoting the beauty, diversity and creativity of French glassmaking. Their commitment to preserving and advancing these traditional techniques is evident in every piece they create. Saint-Louis congratulates its teams, who work tirelessly to uphold the excellence of their craft and ensure its survival for future generations.

In France alone, 4,000 men and women apply glassmaking techniques daily, fostering a sense of community among experienced craftspeople and apprentices. This shared knowledge drives ongoing technical innovation and creativity. The values of high standards and creativity are the cornerstones of the glassmaking and crystal-making industries, helping to showcase rare know-how in various fields, from tableware to the automotive industry.

Saint-Louis is also deeply committed to sustainability and environmental responsibility. As the industry faces the challenges of climate change, Saint-Louis and its peers are transforming their practices to make glassmaking more environmentally friendly. This includes using eco-friendly materials and processes that minimize waste and reduce their ecological footprint.

In celebration of this UNESCO recognition, Saint-Louis will host a public photo exhibition in September 2024, depicting glassmaking techniques on the railings of the Jardin du Luxembourg in Paris. This exhibition aims to inspire and educate the public about the artistry and history of glassmaking.

Adding to this celebration of craft, Saint-Louis presented two new collections at Salone del Mobile Milano. Ornamentalist Pierre Marie Agin revisited traditional "hand-cutting" techniques with the Chamade collection, showcasing the richness of this meticulous craft. Designer Stefania di Petrillo introduced the Torsade lighting collection, inspired by the timeless twisting technique, bringing a contemporary twist to classic chandelier arms.

The Chamade collection features three exceptional pieces inspired by flowers and music, highlighting the ornamental talent of its creator. The Torsade collection, meanwhile, transforms the chandelier arm into a leading design element, creating U-shaped and loop-shaped modular pieces that redefine elegance and functionality.

As Saint-Louis looks to the future, it remains dedicated to passing on its passion for glassmaking to younger generations. By fostering interest in these forward-looking professions, Saint-Louis ensures that the art of glassmaking will continue to thrive, honoring its heritage while embracing innovation.

— Teerin Julsawad



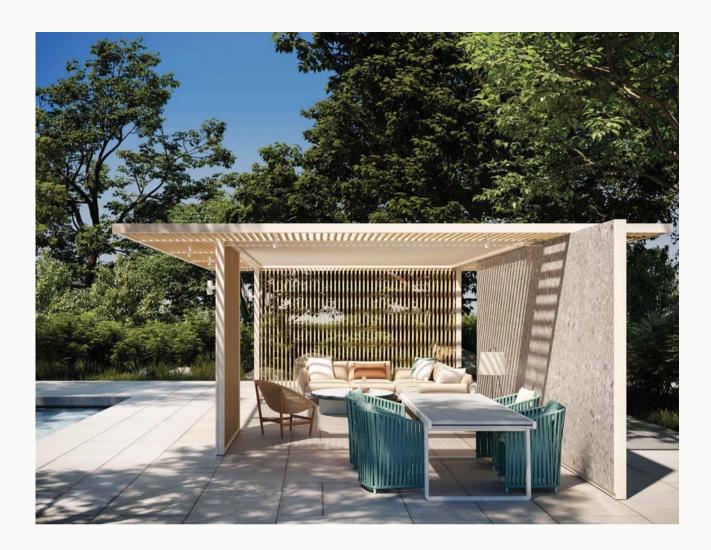
KETTAL: A STORY OF DESIGN AND INNOVATION

KETTAL.COM

Since its inception in 1966, **Kettal** has been synonymous with innovation and exceptional design. This Spanish brand, rooted in a rich family history, has transformed the world of contemporary furniture, establishing itself as a leader in the industry. The journey began with a simple vision: to create timeless, functional and expressive furniture that meets the evolving needs of modern life.

In the early 21st century, Kettal expanded its horizons by acquiring Hugonet and Triconfort, forming the Kettal Group. This strategic move brought together a wealth of expertise and design excellence, shaping a well-rounded, innovative and unique collection that continues to set standards in the industry.

Kettal's commitment to quality and the environment is unwavering. The brand places a strong emphasis on scientific and technological research, ensuring that every product is of the highest quality. With a philosophy deeply rooted in environmental respect, Kettal uses eco-friendly paints, with almost all of its furniture paints now being 100% ecological and recyclable. The wood used in their creations is certified by Perhutani, underscoring their dedication to sustainability.



What truly sets Kettal apart is its design philosophy, which views outdoor spaces as extensions of the interior. This perspective has helped Kettal dominate the outdoor furniture market, creating pieces that seamlessly blend with any environment. Collaborations with renowned designers such as Jasper Morrison, Patricia Urquiola and Rodolfo Dordoni have further elevated Kettal's offerings, bringing a touch of brilliance and creativity to each collection.

In recent years, Kettal has continued to innovate with the launch of the Pavilions and Workplace. Pavilions redefines outdoor living, providing luxurious and functional spaces that enhance the outdoor experience. Meanwhile, Workplace addresses the dynamic needs of modern office culture with solutions like acoustic booths and meeting pavilions, ensuring a perfect balance between collaboration and privacy.

Kettal's dedication to creating bespoke products for each project showcases their adaptability and attention to detail. Whether it's a luxurious outdoor setting or a high-energy office environment, Kettal's furniture is designed to fit seamlessly, offering both aesthetic appeal and practical functionality.

As Kettal looks to the future, their focus remains on blending creativity, customization, innovation and modern production techniques. Their products are expressions of contemporary culture, crafted to provide solutions for the way we live today.

In essence, Kettal is a testament to the power of thoughtful design and innovation. From their eco-friendly practices to their collaborations with top designers, Kettal continues to lead the way in creating furniture that is both timeless and cutting-edge, ensuring that they remain at the forefront of the industry for years to come.

— Teerin Julsawad

MICROLINO LITE: THE FUTURE OF URBAN MOBILITY

MICROLINO-CAR.COM

MICROLINO_OFFICIAL

At the 2024 Geneva Motor Show, Micro unveiled the **Microlino Lite**, an innovative L6e version of its popular electric vehicle, the Microlino. This new model aims to make sustainable urban mobility accessible to a broader audience, particularly those without a traditional car.

The Microlino Lite is a testament to Micro's commitment to inclusive mobility. Limited to a top speed of 45 kilometers per hour, it caters to individuals who want a safe, weather-protected mode of transportation without the need for a full driver's license. This vehicle opens up new possibilities for younger drivers and those with moped licenses, making it a versatile choice for urban commuting.

While maintaining the iconic aesthetic of its predecessor, the Microlino Lite introduces fresh design elements. The vehicle is available in two vibrant color variants: Venice Blue and Berlin Anthracite. Accentuated with energetic orange details, these color schemes emphasize the contemporary and youthful appeal of the Microlino Lite.

One of the standout features of the Microlino Lite is its self-supporting body made of high-strength steel. This design not only enhances safety but also improves driving dynamics, setting new standards

IT IS PERFECT FOR EVERYDAY ERRANDS AND SMALL SHOPPING TRIPS.



in the L6e vehicle category. The Microlino Lite's outer skin is made of steel and aluminum, ensuring durability and quality.

The Microlino Lite offers a basic range of approximately 100 kilometers, with an optional extension up to 180 kilometers, making it suitable for daily urban use. Powered by a lithium-ion battery, it is available in two capacities: 5.5 kWh and 11 kWh. Charging is efficient, with the smaller battery reaching 80% capacity in just two hours, while the larger one takes about four hours.

Despite its compact size, the Microlino Lite is practical. It features a sunroof for a convertible-like experience in the summer and offers a trunk volume of up to 230 liters, making it perfect for everyday errands and small shopping trips.

Micro plans to launch the Microlino Lite in early summer 2024, with an attractive entry-level price of CHF 149 per month. This competitive pricing strategy is designed to make the vehicle accessible to a wider audience, promoting the adoption of sustainable urban mobility solutions.

Micro's dedication to quality and sustainability is evident in the production of the Microlino Lite. Manufactured in Turin, Italy, the vehicle benefits from outstanding production quality. This commitment extends to the materials used and the overall production process, ensuring that the Microlino Lite is both environmentally friendly and built to last.

The introduction of the Microlino Lite aligns with Micro's broader vision of promoting micromobility. Since its inception in 1999, Micro has been a pioneer in urban mobility, starting with the invention of the kick scooter and expanding into electric mobility with e-scooters and now, the Microlino series. The company's history of innovation, coupled with its family-owned business ethos, underscores its commitment to creating sustainable and practical transportation solutions.

The Microlino Lite represents a shift towards more inclusive, sustainable urban mobility. With its blend of innovative design, practical features and commitment to quality, the Microlino Lite is poised to make a significant impact on how we navigate our cities. As urban centers continue to grow and evolve, the Microlino Lite offers a glimpse into the future of transportation, where accessibility and sustainability go hand in hand.

— Gary James Ng





MARINA AND LAURA ON DOCK, LAKE PLACID, NEW YORK, 2006

ATTENTION: ART COLLECTORS, STOCK BROKERS, DAYDREAMERS AND THOSE WHO ALREADY HAVE IT ALL.

The limited-edition archival pigment prints by world-renowned photographer Rodney Smith are available exclusively through CHANINTR. Each image is masterfully hand printed in a limited edition of Twenty-Five. Pricing starts at \$10,000. Prices are based on the edition number available and print size requested. FOR MORE INFORMATION, PLEASE CONTACT INFO@CHANINTR.COM OR BY CALLING +66 84 760 8282

RODNEY SMITH

GET MORE FROM YOUR RENT WITH BILT

BILTREWARDS.COM



Why just pay rent when you can earn points while doing it? Meet Bilt Rewards, the ultimate game-changer for renters who crave more value. If you're not making your rent payments work for you, you're missing out.

Bilt Rewards is a program that transforms your rent payments into a gateway to travel, homeownership and more. At the heart of Bilt Rewards is the Bilt Mastercard®, a card that lets you earn points spent on rent without incurring transaction fees. In a market where paying rent with a credit card often means hefty fees, Bilt's approach is revolutionary. But the benefits don't stop there. This card also offers 3x points on dining, 2x points on travel and 1x points on all other purchases, making it a versatile tool for maximizing rewards.

The first of every month is Bilt Rent Day, a special day when Bilt cardholders earn double points on non-rent purchases. It's a clever way to turn an ordinary day into an opportunity for extra rewards. Plus, Bilt Rent Day activities like trivia games add an element of fun and bonus points, enhancing the overall experience.

For those with a passion for travel, Bilt's partnership with top airline and hotel programs is a significant draw. Points can be transferred to programs like Asia Miles, Emirates Skywards, Marriott Bonvoy and IHG® One Rewards, to name a few, opening the door to luxurious flights and stays. Whether it's a first-class ticket or a premium hotel room, Bilt Points provides substantial value.

One of the standout features of Bilt Rewards is its unique homeownership option. Renters can use Bilt Points toward a down payment on a home with select mortgage lenders. This option is particularly appealing for those looking to turn rent payments into a stepping stone toward owning a home.

Beyond rent and travel, Bilt Points can be redeemed for a variety of lifestyle experiences, including fitness classes and exclusive events. Even without the Bilt Mastercard®, members can join the program and link other credit cards to earn points when dining at partner restaurants.

In a world where many loyalty programs offer similar benefits, Bilt Rewards stands out with its innovative approach to rent payments and its robust redemption options. Whether you're a frequent traveler, a future homeowner or someone who enjoys dining out, Bilt Rewards provides a way to make your rent payments work harder for you.

Bilt Rewards is about enhancing your lifestyle and turning everyday expenses into extraordinary opportunities. If you're ready to see your rent in a new light, Bilt Rewards might just be the key to unlocking more from your monthly payments.

— Teerin Julsawad

THE NEW CULINARY JEWEL OF PARK AVENUE

425PARKRESTAURANT.COM

If you know anything about New York's dining scene, the name Jean-Georges Vongerichten likely sparks a culinary thrill. Renowned for his innovative approach and seamless blend of flavors, Jean-Georges has become a staple in the city's gastronomic landscape. Now, he's made another bold move with the opening of Four Twenty Five, a restaurant that's already causing quite a buzz. Situated at the prestigious address of 425 Park Avenue, this new hotspot is set to redefine dining with a fusion of culinary brilliance, architectural marvel and sustainability.

The location itself is a showstopper. Four Twenty Five is housed in a tower designed by the legendary Norman Foster of Foster + Partners. So you know that this isn't just any dining venue. This is a meticulously crafted space that embodies the spirit of Midtown Manhattan. From the moment you step into the cocktail lounge on the street level, with its 45-foot-high ceilings and a captivating 24-foot painting by Larry Poons, you know you're in for something special. Ascend the dramatic staircase to the mezzanine dining room, suspended 20 feet above Park Avenue, where a glass-fronted show kitchen lets you watch culinary magic unfold in real time

Jean-Georges' commitment to sustainability aligns perfectly with the building's green ethos. The restaurant is a model of eco-conscious design, using recyclable materials and working with local and organic farms to source ingredients. Whether it's



PHOTOS COURTESY OF

the ethically raised poultry or the sustainably sourced seafood, every dish tells a story of mindful dining. This focus on sustainability is not just a trend but a core philosophy that both the chef and the building's developers, David Levinson and Robert Lapidus of L&L Holding Company, deeply share.

Speaking of the menu, it's nothing short of a culinary odyssey. Jean-Georges, together with executive chef Jonathan Benno, has crafted a selection that marries the exotic flavors of the East with Italian and American influences. Picture this: A tartare of finely minced fluke with tahini, chili oil and toasted rice powder, served with shiso leaves — a gentle nod to Thai larb, actually. Or perhaps the celeriac francese, a unique take on the humble root vegetable, enrobed in egg wash and doused in a vibrant sauce of lemon juice and white wine.

Downstairs, the bar menu is a tribute to Jean-Georges' culinary journey, featuring some of his greatest hits like crispy sushi and caviar toast. The space itself, with its plush gray-and-burgundy banquettes and an elliptical chandelier of 231 circular light fixtures, feels intimate yet grand — a perfect blend of sophistication and comfort.

The design elements are equally impressive. Foster + Partners have infused the space with bespoke furniture from the Karimoku Case collection, specifically designed by Norman Foster

and meticulously crafted by the Japanese furniture brand. The rich walnut paneling and an ambient lighting installation make dining here feel like an event. Each piece of hand-finished furniture reflects the collaboration's commitment to blending functionality with elegance. As Norman Foster himself said, "Four Twenty Five encapsulates the spirit of Midtown Manhattan." And it truly does. Every detail, from the flowing lines of the timber frames to the meticulously hand-finished furniture, speaks of unparalleled craftsmanship and elegance.

Like a lot of places in Manhattan, dining is an experience. This is exactly that, a place to experience. Whether you're in for a power lunch or a decadent dinner, Four Twenty Five promises an unforgettable dining adventure. With dishes that are as precise as they are delightful and a setting that is as luxurious as it is welcoming, Jean-Georges' newest venture is poised to become a cornerstone of New York's dining scene.

So, next time you find yourself on Park Avenue, make sure to step into Four Twenty Five (or rather — if we're being realistic — book quite a bit in advance). Experience the exquisite blend of flavors, the stunning architectural design and the deep commitment to sustainability that defines this remarkable restaurant. It's a celebration of everything that makes New York's culinary scene so extraordinary and unmatched.

— Teerin Julsawad



TUUCI: SHAPING OUTDOOR SPACES WITH PURPOSE

TUUCI.COM

Tuuci stands as a beacon of innovation in the realm of outdoor living, recognized globally for engineering some of the world's most durable and stylish parasols. Founded in Miami, Tuuci's journey from humble beginnings to a brand with a global footprint is a testament to its commitment to quality, style and sustainability.

At Tuuci, the spirit of adventure fuels constant innovation. From braving the arctic winds to enduring the scorching heat, Tuuci's products are tested in the most extreme conditions to ensure they perform in any environment. This relentless pursuit of perfection has crafted parasols that are both functional and also beautiful, embodying the serene balance between style and resilience.

Yet, what truly sets Tuuci apart is its unwavering commitment to corporate social responsibility. With a deep-seated love for the natural environment, Tuuci integrates sustainability into every aspect of its operations. The brand's dedication to responsible operations and environmental stewardship is evident in their use of recyclable materials and the implementation of efficient waste management programs. Plastics, aluminum, steel, paper and cardboard are all recycled, and efforts to reduce waste and streamline shipments further minimize their ecological footprint.



Tuuci's products are engineered for longevity, designed to endure the test of time with replaceable parts to minimize waste. This focus on durability enhances product life and significantly reduces environmental impact. By producing goods that last, Tuuci ensures less landfill waste, conserving energy and lowering emissions.

The sense of community is a cornerstone of Tuuci's ethos. Locally made in North America and Asia with distribution consolidation in Europe, Tuuci's operations support local economies and reduce environmental impact. Employing over 400 people, Tuuci's commitment to local production fosters economic growth and creates job opportunities in their neighboring communities.

touch of sophistication and comfort to any setting. Whether it's a Mediterranean villa or a modern beachfront property, Tuuci's designs enhance the beauty and functionality of outdoor spaces, making them destinations of their own.

In a world where sustainability and style are paramount, Tuuci shines as a leader, continually pushing the boundaries of what's possible in outdoor living. Their journey, driven by innovation and a commitment to doing good, makes Tuuci a brand that's leading a movement towards a more sustainable and beautiful world.



EXPLORING FURTHER

FURTHERHOTEL.COM

FURTHERHOTEL

Situated in the charming village of Pererenan, on the edge of the more vibrant Canggu district in Bali, Further Hotel offers an innovative take on hospitality. Established as a "diffuse hotel," this unique property expands the traditional boundaries of a hotel, integrating its spaces throughout the local community to offer guests a genuine connection with their surroundings.

Further was brought to life through the vision of its founders, who sought to merge the comfort of luxury accommodation with the vitality of communal areas. The result is a space designed to foster encounters among guests and locals alike, enriching the travel experience with cultural immersion.

Through the "Friends of Further" concept, the hotel has partnered with other establishments that range from retail to wellness, providing guests with a uniquely engaging stay. All guests



-16-

receive complimentary access to Wrong Gym, Bali's beloved fitness center. Thomas Surf Shop and Smile Clothing can be found next to Further's open-air, street-side restaurant, and just down the road is the stunning Oaken Lab flagship, an Indonesian apothecary brand whose products are also found in Further's suites. In early 2024, Further Gallery also welcomed Melbourne's cult favorite coffeeshop ST. ALi. With these thoughtfully chosen partnerships, Further acts as a guide to those searching for Bali's "if you know, you know" spots.

Designed by Italian-Australian firm MORQ, the hotel itself combines sleek modern minimalism with the rich textures of Balinese traditions. The handmade brick featured on the property's facade blends harmoniously with the natural landscapes and tens of thousands of temples found throughout the island.

Despite the rawness of the architecture, Further Hotel's interiors and accommodations exude both elegance and comfort. From expansive king suites to cozy twin rooms, each space is outfitted with contemporary amenities and personalized touches, such as semi-enclosed outdoor showers, motorized blinds and artisan-crafted toiletries.

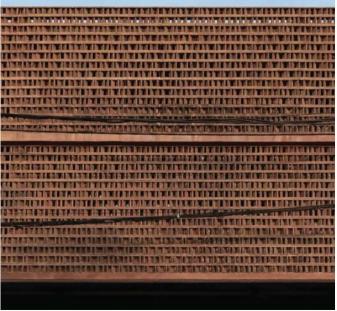
If you're looking for a resort with a 24-hour butler, laundry service and breakfast buffet, Further might not be for you. But if you're looking for privacy and intimacy—as well as the chance to discover all the cool spots around Canggu—look no further. This is the place to be.

Uracha Chaiyapinunt









THE MAGIC OF MERIT

MERITBEAUTY.COM

In the era of no make-up make-up looks, I am convinced I have found the best product that truly makes users look like themselves — only better. My secret weapon? Merit's Minimalist Stick. A light layer of this stuff immediately makes me look more hydrated, awake, radiant, and therefore, youthful.

The Minimalist Stick is an acne-friendly, foundation-concealer hybrid. At the time of my first purchase, I was looking for coverage that would cover up the occasional breakouts, hyperpigmentation and any evidence of late nights out and one too many drinks. It quickly became an indispensable weapon of choice in my makeup bag.

As a crayon stick, the Minimalist Stick is easy to apply on and its creamy texture blends seamlessly into the skin, providing just the right amount of coverage to create a natural glow. The product is also easily buildable for areas that need extra layers of concealing. The compact size of the crayon allows the Minimalist Stick to be carried in my purse for quick touch-ups throughout the day, helping me feel confident from morning to night.



I am not the only one who has become obsessed with Merit's products over the years. Founded in 2021 by Katherine Power, Merit has emerged as one of the top favorites for clean, minimal beauty. A seasoned entrepreneur, Power envisioned a brand that would strip away the excess steps that have become the new norm for today's makeup routine. Her vision to create a line of products that are not only effective but also cater to the busy modern lifestyle resonated with many, many customers who feel overwhelmed by the bombardment of makeup content and product recommendations online. Merit's ethos of "less is more" resulted in a small but mighty product line that met the essential needs without the unnecessary fuss.

Other beloved products from the brand include a sheer bronzer stick, lightweight lipstick, eyeshadow, mascara (an Allure Best of Beauty Award 2021 winner) and more. All of Merit's products are clean, vegan and cruelty-free. They adhere to high European Union compliance standards and focus on sustainability. Formulated in partnership with celebrity esthetician Biba de Sousa, they're also safe for acne-prone skin.

— Uracha Chaiyapinunt















SQUEEZE THE DAY

GRAZA.CO

@GETGRAZA

About a few years ago, I started noticing a new olive oil that was appearing in almost every cooking video on my social media feed. It was not hard to miss: packaged in a bright lime-green squeezable bottle — the kind you would typically associate with cafeteria ketchup and not a chic olive oil brand — Graza was just beginning to take the culinary world by storm.

Founded by two food enthusiasts, Andrew Benin and Tony DeLaurentis, Graza set out to create an olive oil that stands out in both quality and taste. The brand sources its olives from Jaén, Spain, a region celebrated for its exceptional olive groves. By using single-origin olives, Graza ensures a level of purity and consistency that is rare in the olive oil market. The taste you get is fresh, peppery and vibrant.

But as many in the industry know, reinventing a kitchen staple requires the product to be more than just tasty. In the saturated olive oil market, Graza changed the game with its innovative approach to packaging that was designed partly to catch the attention of regular consumers walking down the olive oil aisle at their local supermarket. In a sea of familiar-looking glass bottles, Graza's unique, green squeezable bottle stands out from its competitors. The concept behind the packaging reinvented the perception of what olive oil should look like, while also providing practicality. The squeezable bottle allows for precise control over the amount of oil and also preserves the oil's freshness by minimizing exposure to air and light. It's simple yet brilliant.

Graza's product lines are straightforward and versatile. "Drizzle" is Graza's extra virgin olive oil, made from olives that are picked early, when flavor is bold and antioxidants are highest. It's perfect for finishing dishes with a burst of freshness. "Sizzle," on the other hand, is designed for cooking, with a milder taste that stands up well to heat. Made from mature, mid-season olives that yield a more mellow flavor, "Sizzle" is designed to be used "every day, in every way."

The affordable prices and eco-conscious approach to restocking have also allowed Graza to build its cult following rapidly. A 500 ml bottle of "Drizzle" and a 750 ml bottle of "Sizzle" goes for USD 21 and USD 16, respectively. Refills are available in perfectly portioned and 100% recyclable, "beer cans" that are designed to keep the olive oil fresh until use.

Since its launch, Graza has quickly gained a following among culinary professionals. Esteemed chefs like Dan Barber of Blue Hill at Stone Barns and Missy Robbins of Lilia and Misi in New York City have praised Graza for its outstanding quality and flavor, helping cement Graza's reputation as a go-to olive oil for those in the know.

Next time you're looking to add a touch of magic to your dishes, reach for Graza.

LIVING WELL AND LONG: LESSONS FROM THE BLUE ZONES

NETFLIX.COM

If you've ever dreamed of unlocking the secrets to living a long, vibrant life, look no further than the "Blue Zones" identified by Dan Buettner. These five pockets around the globe have given rise to some of the highest concentrations of centenarians on the planet.

After studying the lifestyle habits of these long-living populations, Buettner has distilled nine powerful principles that can help all of us add on a few years. From moving naturally throughout the day to prioritizing a mostly plant-based diet, the Blue Zones remind us that longevity is about cultivating an environment that nudges us toward better choices.

Okinawa, Japan is one such Blue Zone. The Okinawans follow the principle of "Hara Hachi Bu" which encourages eating until you're 80% full. This allows them to naturally portion their meals and avoid overeating. Their diet is also high in nutrient-rich vegetables like purple potatoes and bitter melons.

On the Greek island of Ikaria, tight-knit communities, daily gardening and a Mediterranean diet high in olive oil create an environment that wards off diseases. Neighbors look out for one another and put "family first," surrounding themselves with a strong social network proven to reduce stress.

In Loma Linda, California, a community of Seventh-day Adventists has achieved Blue Zone status by centering their lives around faith and putting family ahead of work. Their vegetarian diet also helps minimize inflammation linked to aging.

Nicoya, Costa Rica and Sardinia, Italy round out the Blue Zones. In Nicoya, people keep active by doing chores and tending to gardens and farms well into their later years. The Sardinians prioritize staying mobile by walking long distances and doing hard work like chopping wood.













FROM DESIGNING NEIGHBORHOODS
THAT PROMOTE WALKING TO GROWING
KITCHEN GARDENS, THESE BLUE
ZONES TEACH US THAT IF WE DESIGN
HOMES AND LIVING SPACES THAT
ENCOURAGE QUALITY TIME WITH
LOVED ONES, NATURAL MOVEMENT
AND EASY ACCESS TO WHOLE PLANT
FOODS, WE CAN CREATE OUR OWN
BLUE ZONE ENVIRONMENTS. IT IS
GREAT TO SEE MANY MORE DEVELOPERS
FEATURE MULTI-GENERATIONAL LIVING
SPACES, CLUSTER HOMES, MORE
GREEN AREAS AND GARDENING INTO
THEIR PRODUCTS.

The Blue Zones remind us that the keys to thriving don't require radical overhauls — often it's the small, sustainable shifts in our surroundings and micro-patterns that open the door to living well.

Make sure to take a break from streaming aimlessly to streaming for longevity by watching "Live to 100: Secrets of the Blue Zones" on Netflix, it may be the first step that adds years to your life.

— Chanintr Sirisant













THE GUIDE OF WHAT AND WHERE TO BUY



Supermoon

DESIGNED BY GIAMPIERO TAGLIAFERRI

MINOTTI

Supermoon was created as a standalone nomadic piece, yet one that is capable of multiplying and evolving to become a true modular system: a furniture that, thanks to its plastic lines and distinct personality, enjoys a life of its own as a monolithic living room element, but is also able of developing into flexible configurations.

Price upon request

JG Coffee Table

FREDERICIA

Drawn in 1962 and introduced in 1973, Gammelgaard spent more than a decade perfecting his elegant low table design in glass. Featuring a sculptural yet simple design, it showcases the furniture professor's eminent sense of minimalism. The absence of the traditional four legs means that the JG Coffee Table establishes a solid anchored presence in the interior despite its entirely airy appearance. Crafted in Denmark from quality materials, the sculptural base is made of brushed recycled aluminium and tempered glass.

\$125,000



Jaan Bed

WALTER KNOLL

A generous bed area on a delicate frame—seemingly weightless, Jaan Bed shapes the room. The headboard and upholstered framework are in sleek leather or natural fabric. Ensuring added comfort are the matt gloss server and the shelf in striking saddle leather.

From \$547,000

PH Snowball Anniversary Edition

LOUIS POULSEN

To celebrate 150 years, Louis Poulsen introducing anniversary editions of the PH Snowball, a series of 8 shades that form an elongated spherical silhouette. This is the first time the PH Showball comes in new finish: a white outer surface combined with subtle pale rose reflecting sides and a brass frame — an elevating warm and luxurious expression.



NF-DT01 Table

KARIMOKU CASE

Designed by Norman Foster, Founder and Executive Chairman of Foster + Partners, a global studio for architecture, urbanism and design, rooted in sustainability, the NF Collection has its native setting in a residential project to accommodate a wide range of domestic activities. From living to working with spaces to accommodate private study, eight tailormade furniture pieces make up the seventh collection of Karimoku Case.

B221,000





Folia Pendant Light

SAINT-LOUIS

Folia is a tribute to the leaves of the Moselle Forest and an ode to creative folly. This pendant light with a transparent cable is a contemporary lighting and also lends itself to being grouped in a line or a circle over a bar or a table.

B32 900



Venice Sofa

THOMAS PHEASANT COLLECTION

BAKER

The Venice Sofa merges Baker's sense of luxury and comfort with Thomas Pheasant's focus on shaping and form. This piece features a uniquely sweeping profile and rolled back to create a tailored and modern look.

B592.000



Eolias Outdoor Salina Dining Chair

KFTTAI

From the Eolias outdoor collection by Antonio Citterio, the Eolias Salina Chair features outdoor rattan. Crafted with precision and designed for outdoor living, the chair combines durable materials with contemporary style to elevate any outdoor space. Whether you're hosting gatherings or seeking moments of relaxation, the Salina Chair delivers comfort and sophistication in every detail.

From \$69,900



Oda Lounge Chair

AUDO

Originally dubbed Model 9, the Oda Chair was an ambitious design from the very beginning. Created by Arnold Madsen in around 1956, the aesthetic reinterpretation of an armchair has a complex horseshoe construction with an integrated headrest and beautifully incorporated armrests in wood. Offering comfortable support, the embracing design was initially — and mistakenly — attributed to Nanna Ditzel.

From \$218,000

Repose Dining Table

THEODORE ALEXANDER

Wood and stone, the epitome of form and function. The Repose Rectangular Dining Table features beautiful Volakas Arescato marble as a top and handcrafted quarter straight cut oak veneer for the trestle style base.

₿273,000





Luna Sospeso Cloud

OCCHIO

Light, design and technology blend in an unprecedented experience. With the unique features of Luna, you can easily and intuitively control the light, becoming the light designer of your living spaces.

B199.000



Finot

DESIGNED BY PETER SALLICK AND GACHOT STUDIOS

WATERWORKS

Finot seamlessly blends meticulous details with contemporary sensibility. A true integration of design and engineering expertise, this collection is comprised of parts that are decisively cast and forged to achieve painstaking precision and refinement.

Price upon request

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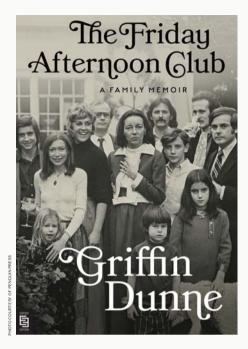
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"THE FRIDAY AFTERNOON CLUB" BY GRIFFIN DUNNE

Griffin Dunne's "The Friday Afternoon Club" is a heartfelt tribute to family, friends and the power of loss. As someone drawn to this book by Dunne's notable lineage — being the son of Dominick Dunne and the nephew of Joan Didion — I was curious to see how their literary legacy influenced his storytelling. What I discovered was a narrative that stands strongly on its own while subtly echoing the introspective and sharp observational style of his relatives.

"The Friday Afternoon Club" is named after a regular gathering hosted by Dunne's sister, Dominique, a promising young actress, tragically murdered by her former boyfriend in 1982 at the age of 22 on the steps of her home in Los Angeles. This trauma left an indelible mark on the Dunne family, shaping much of their creative expression. In "The Friday Afternoon Club," Dunne channels the pain and resilience born from this loss into a story that honors the bonds of family and the solace found in shared experiences.

Set against the backdrop of Beverly Hills, Malibu and New York City, the book is a coming-of-age story featuring a trust-fund mother, a social-climbing father and a best friend named Carrie Fisher of "Star Wars" fame and the daughter of Debbie Reynolds. Dunne's world is rich with iconic personalities, and while name-dropping comes naturally to Dunne, it's a reflection of his genuine experiences and the circles he navigated. His portrayal of familial struggles and friendships captures the warmth and authenticity of long-standing relationships.

Dunne's ability to weave together individual stories into a cohesive narrative reflects on themes of aging, loss and the passage of time. While the influence of his famous relatives is present, Dunne establishes his own voice — one that is both tender and reflective. For fans of the Dunne-Didion literary legacy, this book is a compelling addition, offering a unique perspective on the complexities of human relationships, all underscored by the enduring impact of a family tragedy.

Brent D Smith

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